

Motor Neurone Disease *Awareness month* | JUNE

#MNDAwareness



What is Motor Neurone Disease?

MND is a neurological disease.

MND causes some muscles to gradually stop working. Including muscles that enable us to move, speak, swallow, and breathe.

MND is life-shortening. Life expectancy varies, most people only live 2-4 years after symptoms begin. However, five to ten percent of people with MND live for ten years or more.

The cause is not yet known, MND affects people from all communities.

There is no known cure and very little treatment.

MND New Zealand are the only national organisation in New Zealand focused on MND support, education, advocacy and progressing MND research.

MND New Zealand relies almost completely on the generosity of the New Zealand community to raise over \$1million needed every year to carry out its vital work.